

Glossary of Terms

It's been suggested that I create a glossary of words or terms I use with slightly altered or customized meanings. This list is an after-the-fact addition, and may grow or be refined in future editions. If you find words in this book that you'd like me to include in this glossary, or alternate definitions to use for the words that are already included, let me know.

Absolute Positive Regard = A consciously chosen paradigm you can create for experiencing yourself, your circumstances, and others in Enlightened Love.

A context for interpreting people and situations that enables you to see through eyes that bless. (The purpose of this book is to explain how to embody and live from this enlightened alternative to judging and condemning.)

breakdown = any interruption in the unobstructed process of fulfilling your commitment.

"to complete" (a verb) = to restore to wholeness; to make whole again. <You need to complete your experience of fear>

domain = an area of knowledge, influence, or activity <the domain of music; the domain of spiritual growth>

the flow = the present current, movement or unfolding of events

to flow = to function in a state of graceful, efficient alignment; harmoniously navigating or engaging in alignment with the current unfolding.

a higher flow = a more optimal unfolding; a more graceful and efficient state of functioning.

your highest flow = your most optimal way to be or function; your most optimal unfolding; your most optimal way to navigate or engage in the current unfolding.

grip energy = a state of constriction resulting from refusing to trust, in which you choke off much of your life force energy, and disallow many of the blessings that would like to move through you; energetically gripping down with the addictive need to control it all.

Intend (with a capital "I") = the deliberate, conscious use of your power to create.

Intention (with a capital "I") = your ultimate operating instructions that direct and apply all of your vast resources and power; that which directs and focuses your power to create – even if not consciously acknowledged; the way you have directed your power to create and manifest; the instructions your God-like ability to create is utilizing.

intention (with a small "i") = a wish or a hope that you have; a claim to want a particular result or outcome; a plan that may or may not succeed.

"to language" (as a verb) = to translate a distinction or an experience into words

Love = Enlightened Love; a wisdom-infused space of blessing you consciously come from.

love = an emotional reaction; a good feeling that happens to you or you try to get.

"being movable" = able to be moved and inspired by others and by life; having a flexible, open mind and energy field; allowing yourself to feel and resonate with the experience of others.

Seeing Through Eyes That Bless

"being immovable" = a state in which nothing moves you; having an inflexible, closed mind and an unresponsive energy field; being impervious to the energy between you and another; disallowing the energy of others to move you; reducing your experience of others into thoughts about them.

paradigm = the collection of conclusions and beliefs used to understand your world (or a particular aspect of your world), and to function successfully in it.

Perfection Consciousness = a state of elevated consciousness and perception in which the hidden beauty and magnificence of every person, every thing, every situation, and every performance is revealed to you; seeing through the eyes of God's Perfect Love.

Power (with capital "P") = the wise and inclusive application of your God-given ability to create, used in the service of Love for the benefit of all, from a context of trust.

power (with small "p") = force that is used to control or manipulate others and/or your circumstances, focusing primarily on the benefit to you with little or no regard for others, because you do not trust that you will be taken care of.

presencing, or "to presence" = to call forth an experience as a true, authentic experience, instead of reducing the experience to a concept; to be in unobstructed relationship with a particular feeling or emotional state of being.

recreate = to create anew. (This is not the same as "do it again.")

recreatable = able to be created anew.

Self = your wiser, Love-inspired, expanded consciousness.

self = your perspective as a separate identity occupying a unique position.

shift = a change in attitude or in the way you hold a matter; a change in the way you, your relationship, or the circumstances and conditions show up; a new way of functioning; a change of direction.

show up, to show up = the way a person, thing or situation appears to you through your structure of interpretations; how you appear to others; how you appear to yourself.

sin = an Anglo-Saxon archery term that means "off the mark" (notice that this definition does not include the interpretations "bad" or "wrong.")

"to Source" (as a verb) = to function as a causal force in a specific matter; to take responsibility for causing a particular outcome or condition to manifest. <He made the commitment to source the success of his relationship.>

Trust = being sufficiently grounded in your connection to Divine Love that you can count on Divine Love to provide you with what's needed.

victim = holding self as less powerful than, and at the effect of circumstances

workable = a condition of being able to succeed; able to provide what's needed; "That looks like a workable solution."

workability = the degree or quality of being able to work or succeed; the degree to which something works or doesn't work to produce the solution that's needed.